Kefalonia Yoga Retreat 2027

Booking terms · Saturday 29 May – Saturday 5 June 2027

Plain-language terms for anyone booking the retreat. Call or text Karen on 07570 898550 if anything isn't clear.

Booking your place

Registering your interest costs nothing and commits you to nothing. Karen will be in touch personally to confirm your place and your room type. Your place is held once your £300 per person deposit is paid, and we will send you the bank details for it. Places are confirmed at Karen's discretion so that the group works well together, and numbers are limited to twelve rooms.

Paying

Your deposit counts towards your total. There are then two further bank transfers: one bringing you to half of your total by 1 January 2027, and one for the balance by 1 April 2027. If a payment date is difficult for you, tell Karen before it falls due and we will find a way round it.

If you need to cancel

We hope you will not need to, but life happens, so here is how it works. Your deposit is non-refundable because we pay it on to the retreat straight away, and places are not transferable to someone else, since rooms and sharing are arranged to suit the whole group. Cancel before 1 April 2027 and everything you have paid above the deposit is refunded. From 1 April 2027 our own costs are fixed and payments cannot be refunded, unless we can fill your place, in which case we refund everything except the deposit. Please take out travel insurance that covers cancellation as soon as you book, as you would for any holiday abroad.

If we have to change or cancel

In the unlikely event that we cannot run the retreat, everything you have paid to Yoga Wakefield is refunded in full. We cannot refund flights or other costs you have booked yourself, which is another reason to insure. Karen may adjust the yoga programme on the day to suit the group and the weather.

Your room

Rooms are allocated by Karen so that couples and friends stay together and solo guests who are happy to share are paired up. We will do our best to honour requests for a particular room or building, but the final allocation is confirmed about a month before departure. Sole-use prices give you the whole room to yourself.

Arriving and leaving

Check-in is from 3pm on Saturday 29 May 2027. On Saturday 5 June 2027 rooms are vacated by 9am and brunch is served until 11am, so there is no rush to leave before you have eaten.

Getting there

The price covers everything at the retreat; getting to Kefalonia is yours to arrange. Flights, airport transfers, taxis, ferries and travel insurance are booked and paid for by you, and Yoga Wakefield is not a party to those bookings at any stage. If a flight is delayed, cancelled or missed we cannot refund the retreat, cover extra travel costs or hold a session back, which is why we ask everyone to insure as soon as they book. We will happily share which flights other guests are on so people can travel together; the nearest airport is Kefalonia

(EFL), a short drive from Spartia.

What is included

Your room for seven nights, brunch and dinner every day from the retreat's plant-based chef, tea, coffee and snacks, the welcome dinner, the yoga programme with Karen, and all yoga equipment (mats, blocks, bricks, bolsters, belts and blankets). Daily housekeeping, beach towels, hair dryers, and shampoo and shower gel on arrival are provided. Towels are changed mid-week and sheets once a week.

What is not included

Flights, airport transfers, travel insurance, other drinks, excursions and the farewell dinner in the village. The retreat charges a small local climate tax, currently €20 per person, paid in cash at the end of your stay; the rate may change for 2027. Extra towel or sheet changes and the laundry (€5 a load) are paid locally.

Food

Tell us about any dietary requirements (allergies and intolerances, rather than preferences) by 31 January 2027 so the chef can plan for you. Vegetarian, vegan and gluten-free are no problem.

Looking after you and the retreat

Please let Karen know about any injuries, health conditions or pregnancy so she can adapt the practice for you; you are welcome to rest out of any session. The retreat asks that air conditioning is switched off whenever you leave your room. Please bring a passport valid for your dates and check the travel advice for Greece before you go.

Questions? Call or text Karen on 07570 898550.